

# Taking the Bite out of Global Warming

*delicious ways to save the world*



Date: Wednesday, January 7th

Time: Noon - 1 pm

Place: 455 County Center  
Rm 101  
Redwood City

Join Laura Stec, local chef and author of ***Cool Cuisine - Taking the Bite Out of Global Warming***, for a presentation on the connection between our food and our environment and learn how to eat well by eating locally.

For additional information: [www.co.sanmateo.ca.us/portal/site/greenportal](http://www.co.sanmateo.ca.us/portal/site/greenportal)  
[www.RecycleWorks.org](http://www.RecycleWorks.org)

## Green Bag Lunch Series

*sponsored by RecycleWorks and the San Mateo County Green Team*  
Exciting environmental topics presented by dynamic speakers  
**First Wednesday of every month, Room 101**

